

SAMPLING KIT INSTRUCTIONS

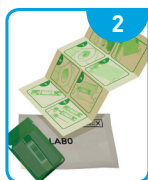
HOW TO USE THE STOOL SAMPLING KIT?

Follow these instructions step by step to make sure you perform the procedure correctly. Visit www.bevolkingsonderzoek.be/dikkedarmkanker/onderzoek to watch a sampling kit instruction video. Keep the sampling kit out of reach of children.



STEP 1: Open the bubble envelope and take out the kit. It contains:

- a green bag containing a bottle (iFOB test), absorbent paper (a rectangular cloth) and product information;
- paper to catch the stool (white piece of paper with green illustrations).



STEP 2: Take the green bag and the catching paper to the toilet. First urinate and flush.



STEP 3: Put the catching paper with the illustrations facing up on the water in the toilet bowl.



STEP 4: The paper will catch your faeces. Immediately take a sample. Take the bottle from the green bag. Do not take out the rectangular cloth. Open the bottle by turning the green cap. **Do not empty the bottle.** Do not add any fluids to the bottle.



STEP 5: Attached to the green cap is a grooved rod. Scrape the grooved end over your faeces until some of it sticks to the rod. That is all the stool that is needed.



STEP 6: Put the cap with the rod back on the bottle.

Press the cap until you hear it click.

Attention: do not write on the bottle and leave it closed!



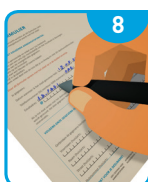
STEP 7: Put the bottle in the green bag.

Leave the rectangular cloth.

Close the bag.

Flush the catching paper and your faeces.

The paper is biodegradable.



STEP 8: Fill in the application form and check your GP's details. Correct any mistakes or complete if necessary.

Attention: you will not receive the test results if the application form was not completed correctly.



STEP 9: Put the green bag and the application form in the bubble envelope.

The lab address is already printed on the envelope.



STEP 10: Send the bubble envelope as soon as possible. A stamp is not needed. If you cannot send your sample immediately, you can keep the bottle in the fridge for no longer than seven days.

WHAT HAPPENS TO MY SAMPLE?

The lab will test your stool sample for faecal occult blood. You and your GP will receive the results within 14 days, regardless of the test conclusions.



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